

APPROVED



**METHODIST HEALTH SYSTEM JOINS
TODAY'S OPTIONS PPO NETWORK**

Medicare Advantage Plan Emphasizes Prevention and Wellness

(11/10/09) – Universal American (NYSE: UAM) today announced that Methodist Health Partners and Healthcare Partners of Western Iowa have joined the network of healthcare providers for the Today's Options Preferred Provider Organization (PPO) Medicare Advantage Plan.

"We're extremely pleased to be associated with Methodist Health Partners and Healthcare Partners of Western Iowa, which include both Methodist Hospital and Jennie Edmundson Hospital and 700 combined providers" said Dr. Patricia Salber, the Chief Medical Officer for Universal American.

"To get the best health outcome and provide good value for a person with Medicare, it takes A Healthy CollaborationSM. That's a partnership between the member, the physician, the pharmacist and the health plan," Dr. Salber noted. "We look forward to having that kind of partnership with Methodist Health System hospitals, clinics and physicians for our members in the area."

People with Medicare can choose to sign up for Today's Options during the Annual Election Period, from November 15 to December 31, each year. This Medicare Advantage Plan provides a cost-effective alternative to traditional Medicare and Medicare Supplement plans.

For more information about (name of plan), call 866-561-4405 8:00 a.m. to 8:00 p.m. in your local time zone (TTY users call 1-800-777-9083) every day, or visit www.universal-american-medicare.com

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About Universal American Corp.

Universal American (NYSE: UAM), through our family of healthcare companies, offers benefit plans designed to promote collaboration among our members and their healthcare professionals. This Healthy Collaboration improves the health and well-being of over two million people with Medicare every day. For more information on Universal American, please visit our website at www.UniversalAmerican.com.

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Matters discussed in this news release and oral statements made from time to time by representatives of Universal American may constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 and the Federal securities laws. Although Universal American believes that the expectations reflected in any forward-looking statements are based upon reasonable assumptions, it can give no assurance that its expectations will be achieved. Forward-looking information is subject to risks, trends and uncertainties that could cause actual results to differ materially from those projected. Many of these factors are beyond Universal American's ability to control or predict. Important factors that may cause actual results to differ materially and could impact Universal American and the statements contained in this news release can be found in Universal American's filings with the Securities and Exchange Commission, including quarterly reports on Form 10-Q, current reports on Form 8-K and annual reports on Form 10-K. For forward-looking statements in this news release, Universal American claims the protection of the safe harbor for forward-looking statements contained in the Private Securities Litigation Reform Act of 1995. Universal American assumes no obligation to update or supplement any forward-looking statements, whether as a result of new information, future events or otherwise.